Welcome to Walker Tracker!

This is your site, designed to help you achieve your goals. Have fun, be healthy, love life. We’re happy to be walking with you.

STEP 1: REGISTER
(IT’S SUPER EASY)

Your program has already been created. It just needs you to register on the site.

Your administrator should be sending a program announcement email. Just follow the link to the site, enter a username and password in the registration form along with any other required information, and you’re in!
STEP 2: LOG YOUR STEPS
(Log every day to earn diligence points)

Click here...

... enter your steps, and click ADD ENTRY button...

Upload a picture of your walk...

Enter time spent doing other activities, and convert those to steps (your admin gets to choose which activities are included in the list)...

Enter up to a week’s steps at a time by using QUICK POST...
STEP 3: VIEW YOUR COMPETITION

When you register, you'll automatically be added to your company's main competition.

View the competition by going to COMPETITION tab and clicking on the highlighted competition at the

You can also create a competition, choose to make it an individual or team challenge, invite only your friends, or make your competition public.
STEP 4: READ THE MAP

The Pacer Rabbit keeps track of where you should be if you want to finish the competition on time. In other words, it marks the distance of the route divided by the time period, coming up with the average number of steps you need to walk per day.

Click on an icon to go to the team or individual associated with the icon.

If you create a competition, you can administer it in the ACTIONS pull down.

You can zoom in and out of the map, and click on the pins as you pass them.

Easily see who’s in the lead by viewing the Leaderboard.

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Be Healthy. Love Life.
STEP 5: FIND FRIENDS

Search for friends by name or username...

The points and levels status wheel shows which level a walker has achieved. You can click on the wheel to give points to any walker. (The more points you give, the more you receive.)

Click on a username anywhere else on the site to go to that person’s profile page and request them as a friend.
STEP 6: TIPS AND TRICKS

Change your user profile by clicking your username, on the top right of the page. Be sure to upload a photo. Having a photo makes the whole site more fun to use.

Keep track of your calories, weight, heart rate, BMI, etc, under the CUSTOM METRICS tab. You can also enter a metric, any metric, you want. (For instance, the number of hugs you got today...)

Pair your phone with your Walker Tracker account and you'll be able to text message your steps into the daily log.