Interpersonal violence, stalking and sexual assault are crimes, as well as violations of the UCB Code of Student Conduct. Students who commit these acts risk their academic and professional careers and can be sanctioned through a campus conduct process and/or criminally prosecuted.

Keep them REAL. Keep them safe.

All relationships—dating, friendship, family, caregiver—should be safe and violence-free.

If you are concerned about the safety of ANY relationship, call us.

Tang Center Social Services
(510) 642-6074

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Actions you can take

If you’re starting a relationship (or in one now):
• Trust your instincts—if it doesn’t feel right, it probably isn’t.
• Communicate expectations for safety and respect.
• Keep in regular touch with your support people.
• Be aware of support services and resources.

If you are in an unsafe relationship:
• Don’t blame yourself—violence is not your fault.
• Understand that there is no excuse for violence.
• Talk to a friend, family member or resource person. Have someone help you get assistance.
• Document what is happening.
• Contact us—there are resources available.

If you know someone who has been threatened, abused, or assaulted, you can help:
• Believe and support the survivor. Listen—don’t make assumptions or judgments.
• Encourage and support the survivor to get out of the situation, to report to the police or university advisor, and to talk to a counselor.
• Support her/his decisions.
• Contact us for more information on how to help.

If you are acting abusively (or think you may be):
• Take responsibility.
• Separate from your situation and seek help and/or advice on what to do.
• Contact us to find alternatives to violence.

If someone you know is abusing, take the abuse very seriously:
• Tell the person that you see the abusive actions, focusing on the behavior.
• Hold the person accountable for the abuse, making it clear that it has to stop.
• Explain the risk of legal and academic sanctions.
• Encourage the person to seek help.
• Contact us for more on how to help, even if you just want to ask questions.

Lean on us

Campus Support Services
Gender Equity Resource Center
510/643-6727 | geneq.berkeley.edu
202 Cesar Chavez

University Health Services
Confidential counseling and advocacy
510/642-6074 | www.uhs.berkeley.edu

Title IX Compliance Officer
510/643-7985 | cac.berkeley.edu
200 California Hall

Police and Safety Services
UC Police Department | police.berkeley.edu
EMERGENCY: 911
From mobile: 510/642-3333
Threat Management Unit: 510/642-6760

Campus Night WALK Service
510/642-WALK (9255)

City of Berkeley Police Department
EMERGENCY: 911 | From mobile: 510/981-5900

Community Support Services
Family Violence Law Center (FVLC) | www.fvlc.org
Counseling and legal advocacy | 800/947-8301

Bay Area Women Against Rape (BAWARR)
Crisis counseling and advocacy | 510/845-7273

Communities United Against Violence (CUAV)
Crisis counseling and advocacy | 415/333-4357
www.cuav.org

Alameda County Family Justice Center | adfc.org
Counseling, legal advocacy | 510/267-8800