

# Using SHIP Abroad

Did you know SHIP provides world-wide insurance coverage? Insurance coverage for registered UC Berkeley students enrolled in SHIP works basically the same way internationally as within the United States. The important difference is that students pay the medical bills at time of service and get reimbursed upon return to the United States.

*(This applies for non-EAP sponsored travel. The EAP program provides a separate health insurance plan. For details, visit: [http://eap.ucop.edu/parents\\_family/health\\_safety\\_security.shtm](http://eap.ucop.edu/parents_family/health_safety_security.shtm).)*

## SHIP MEDICAL COVERAGE HIGHLIGHTS FOR THOSE TRAVELING ABROAD

- \$100 co-pay for Emergency Room billed charges (charges over \$3000 will be subject to review by Anthem Blue Cross; charges waived if admitted).
- International health care providers will be considered “out of network” and covered at 60% (the Out of Network rate - customary and reasonable charges).
- \$200 annual deductible applies for some services outside of the Tang Center.

## PAYING FOR SERVICES

Students with SHIP pay for medical care at time of service and get reimbursed upon return to the United States. Students are encouraged to bring all documentation and medical records to the Student Health Insurance Office (SHIO) at Tang. An “International Claim Form” is filed by the student for reimbursement. Authorization will be provided at the time claims are submitted to the SHIO office.

## TIPS

- Get your prescriptions filled before you leave - and get enough medication to cover your entire travel time.
- Keep your Anthem Blue Cross card with you at all times.
- Visit the Tang Center’s International Travel Clinic before you go abroad (see below).

### **International Travel Care**

International Travel Care, commonly known as “the Travel Clinic,” guides members of the campus community in protecting their health while traveling throughout the world. The Travel Clinic uses the most current information available from the Centers for Disease Control, the World Health Organization, and Shoreland’s computerized Travel Health Information Services.

#### **Plan for a healthful, safe trip:**

- travel consultation with medical professionals
- immunizations
- advice on preventing illness while traveling
- education on safety concerns related to food, drink, and recreational activities.

#### **Personalized travel care package includes:**

- Required and recommended immunizations based on your itinerary, personal history of immunizations, and planned activities during your trip.
- Official International Certificate of Vaccination
- A detailed traveler’s report tailored to your itinerary, including information on malaria, other health risks, and more
- Prescriptions to prevent malaria and treat traveler’s diarrhea, as appropriate.
- General travel advice on precautionary measures for food, drink, and climate.
- Tips for traveler’s first-aid kit.

<http://uhs.berkeley.edu/students/medical/travel.shtml>



#### **To Make a Travel Appointment:**

- Schedule your travel care visit six to eight weeks before departure when possible. To schedule, call (510) 643-7177.
- Complete the travel history form (available online) prior to the appointment.
- Bring the completed travel history form and any previous immunization records to your appointment.

Please note: travel advice is not available by phone. Toward the end of the Fall and Spring semesters, the Travel Clinic appointments get filled quickly, so please schedule your appointment early.

