



**UNIVERSITY HEALTH SERVICES** *Tang Center*  
*People. Campus. Community.*

**Support Group 12-Step Meetings Near or In Berkeley**  
**(Website's on Back)**

Monday	Adult Children of Alcoholics (ACA)	University Christian Church, 2401 Le Conte	6:00 pm
	Alcoholics Anonymous	YWCA, Main Lounge, 2600 Bancroft Way at Bowditch	12:10-1 pm
	LifeRing Secular Recovery	Herrick Hospital, 2001 Dwight Way, Basement Level A	8:00 pm
	Narcotics Anonymous	Gilman Street Project, 924 Gilman St	7:00 pm
	Overeaters Anonymous	University Health Services, 2222 Bancroft Way, Room 3110	12:10-1 pm
Tuesday	Food Addicts in Recovery	College Ave Presbyterian Church, 5951 College Ave	7:15 am
	Alcoholics Anonymous	YWCA, Main Lounge, 2600 Bancroft Way at Bowditch	12:10-1 pm
	Food Addicts in Recovery	Summit Hospital, 350 Hawthorn Ave	7:00 pm
	Narcotics Anonymous	Seventh Day Adventist Church, 2236 Parker St.	7:45 pm
Wednesday	Alcoholics Anonymous	YWCA, Main Lounge, 2600 Bancroft Way at Bowditch	12:00-1 pm
	Alcoholics Anonymous (Drunk-R-U's)	North Bay Community Church, 941 The Alameda	6:00 pm
	Alcoholics Anonymous (Wild Bunch)	1744 University Ave	8:00 pm
	Narcotics Anonymous	Gilman Street Project, 924 Gilman St	9:00 pm
	Overeaters Anonymous (Newcomers)	St. Augustine's Church & School, 400 Alcatraz between College & Telegraph	7:15 pm
Thursday	Food Addicts in Recovery	Plymouth United Church of Christ, 424 Monte Vista Ave	8:30 am
	Alcoholics Anonymous	YWCA, Main Lounge, 2600 Bancroft Way at Bowditch	12:10-1 pm
	Alcoholics Anonymous	Berkeley Fellowship, 2108 McGee Ave	5:15 pm
	Friday	Alcoholics Anonymous	YWCA, Main Lounge, 2600 Bancroft Way at Bowditch
LifeRing		Herrick Hospital, 2001 Dwight Way, Basement Level A	7:30pm
Narcotics Anonymous		First Unitaria Church, 1606 Bonita	7:00 pm
Overeaters Anonymous (Literature)		Northbrae Community Center, Room 2, 941 The Alameda	1:30 pm
Saturday	Al-Anon/ACA Family Group	UCBerkeley Newman Hall, 2700 Dwight Way, enter front door and go left to the Gallery room	3:30 pm
	Alcoholics Anonymous	Berkeley Fellowship, 2108 McGee Ave	12:00 pm
	Alcoholics Anonymous (LGBT)	Pacific Center, 2712 Telegraph Ave	8:00 pm
	Narcotics Anonymous (Gay/Lesbian)	Good Shephard Church, 1823 9 <sup>th</sup> St	7:00 pm
	Overeaters Anonymous	St. John's Presbyterian Church, 2727 College, 1st Floor	8:00 am
Sunday	Food Addicts in Recovery	Summit Hospital, 350 Hawthorn Ave	8:30 am
	Alcoholics Anonymous	Berkeley Fellowship, 2108 McGee Ave	9:30 am
	Alcoholics Anonymous (LGBT)	Rose Garden Inn, 2740 Telegraph Ave	10:00 am
	Alcoholics Anonymous	Tilden Park at the Steam Train	10:00 am
	Narcotics Anonymous	Good Shepherd Church, 1823 9 <sup>th</sup> St. & Hearst	6:30 pm

This is an abbreviated list of support groups in the area. For a more comprehensive list, please contact the organizations directly. Contact information on back.

These meetings are self-help groups open to the public and coordinated by their respective organizations. The Tang Center/University Health Services provides some of the meeting space in order to facilitate the UC Berkeley's community access to such community services. For more information on local groups and other locations please contact the websites below. This schedule is updated each semester. Meeting's are subject to change at any time. Please contact the 12-step organization you are interested in to verify meeting times and locations.

**Contact Information on Back**

Adult Children of Alcoholics (ACA)	510-528-4379 <a href="http://www.ncwsa.org">www.ncwsa.org</a>
Al-Anon	510-528-4379 <a href="http://www.ncwsa.org">www.ncwsa.org</a>
Alcoholics Anonymous	510-839-8900 (central office and 24-hr. hotline) <a href="mailto:centraloffice@eastbayaa.org">centraloffice@eastbayaa.org</a> , <a href="http://www.eastbayaa.org">http://www.eastbayaa.org</a>
CODA (Co-dependents Anonymous)	510-848-7188 <a href="http://www.coda.org">www.coda.org</a>
Food Addicts in Recovery	800-600-6028 or 415-336-5529 <a href="http://www.foodaddicts.org">www.foodaddicts.org</a>
Gamblers Anonymous	800-287-8670
LifeRing	<a href="http://www.unhooked.com">www.unhooked.com</a>
Marijuana Anonymous/MA World Services	800-766-6779 <a href="http://www.marijuana-anonymous.org">www.marijuana-anonymous.org</a>
Narcotics Anonymous	<a href="http://www.na.org">http://www.na.org</a>
Nicotine Anonymous	415-995-1938 <a href="http://nica-norcal.org">http://nica-norcal.org</a>
Overeaters Anonymous	<a href="http://www.oaeastbay.org">www.oaeastbay.org</a>
Sex Addicts Anonymous	415-364-1402
Sex & Love Addicts Anonymous	415-979-4715 <a href="http://www.slaa-sfeb.org">http://www.slaa-sfeb.org</a>
St. John's Presbyterian	510-845-6830